



S P A

HOURS OF OPERATION

Monday through Friday 10am - 8pm

Saturday & Sunday 8am - 8pm

Off hours fee \$20 per appt

M A S S A G E T R E A T M E N T

*Therapeutic, healing, relaxation
— techniques to suit every individual.*



STILL WATER Our Swedish massage circulates blood, lymph, and breath so that you can get in touch with your own unique flow.

60 minutes: \$120 90 minutes: \$140

THE PACIFIC Release further with our deep tissue therapeutic massage. as your therapist carefully works, you will notice a softening of the deeper layers of fascia and muscle. soften the tissue and strengthen the spirit.

60 minutes: \$130 90 minutes: \$155

HARMONY Our couple's massage is a sweet way to increase union with someone you love. your therapists will pamper you with our "still water" session as you lay head to head in pure bliss.

60 minutes: \$240 90 minutes: \$280

STILL POINT A combination of Swedish and pressure point massage performed on the feet & hands using nourishing treatment oil. an incredibly therapeutic treatment.

60 minutes: \$120 90 minutes: \$140

THE SHY MONK Reiki is a subtle, yet powerful energy technique used to enhance vitality, reduce stress and promote healing. this treatment may be performed fully clothed.

60 minutes: \$120 90 minutes: \$140

DUE POINT A special session for mothers to be. this soothing, relieving massage can promote circulation and relaxation, ease achy joints and muscles and bring on a sense of renewal. great for the well being of mom and baby.

60 minutes: \$120 90 minutes: \$140

B O D Y T R E A T M E N T S

Soothing care from head-to-toe



SEA GODDESS SALT SCRUB_ Remove dead skin and encourage new cell growth with this aroma therapeutic blend of sea salt and healing treatment oil. this treatment is finished with a moisture application to seal in hydration. your skin will feel brand new.

60 minutes: \$135

SEA LAVISH MUD WRAP_This warm seaweed based mud mask enhances circulation, detoxifies the muscles and joints and nourishes the skin with its high mineral content.

90 minutes: \$160

SUN SOOTHE WRAP_ Be wrapped in renewing cool white lily gel as this treatment soothes the sting of sunburn, chaffed and dry skin.

90 minutes: \$160

FITNESS & YOGA



Make your stay at tower 23 a time of healthful rejuvenation by scheduling yoga and fitness sessions while you're here with us. Yoga classes may be available upon request.

60 minutes: \$110

60 minutes couple session: \$135

F A C I A L S

All facials include aromatherapy & are customized for each and every client.

We proudly use Dermalogica products.



CALM STREAM_ Deep cleansing, gentle exfoliation, skin specific mask, and vitamin hydration.

60 minutes: \$135

KOI CALM_ Deep cleansing, fruit enzyme peel, skin specific mask, pore clearing extractions, and vitamin hydration.

60 minutes: \$145

LAUGHING BUDDHA_ Our koi calm facial enhanced with hand & foot massage.

75 minutes: \$155

THE BIG DRINK_ our men's facial. everything to polish you up plus acupressure massage to the head, neck and face.

75 minutes: \$155

P A C K A G E S



OPEN SKY_90-minute massage & 30 minute facial

120 minutes: \$205

CLEAR THE HAZE_60 minute swedish, 60 minute facial, 30 minute scrub

2.5 hours: \$335

THE ZEN_90 minute massage, 75 minute facial 60 minute sea mud and reiki session

3.5 hours: \$450

GRATUITIES

Gratuities are appropriate and appreciated but not expected. customarily clients “tip” as they would in a restaurant with an 18% gratuity reflecting good service.

REFUND POLICY

Treatment packages are non transferable, non refundable and non exchangeable.

SPECIAL CONSIDERATION

Guests who have any medical issues are advised to consult a physician before signing up for spa services. Please report any medical conditions to your spa therapist.

CANCELLATION POLICY

Any cancellation must be received within 3 hours of your appointment. Any late cancellations will incur an 50% cancellation fee. A full fee will be imposed for a no show client. a credit card number is needed to hold your reservation.

To schedule your treatments call: 858.270.2323



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